

Marty Slone

Written by Administrator

Monday, 16 January 2012 02:06 - Last Updated Monday, 19 September 2016 00:03



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Marty has over 10 years experience as a professional kickboxer and a background in various martial arts. Marty runs the Kids MMA program at CFB. He is an avid supporter of the Juvenile Diabetes Research Foundation and once sparred for 100 consecutive 3 minute rounds as a fundraiser for the program.

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Classes: Fitness Boxing, Kids Kickboxing, Personal Training

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